



PRAYER

DISCUSSION GUIDE

READ
Matthew 6:9-13

Here are some questions and thoughts to help guide discussion:

1. Did anything stand out to you about this week's sermon? Was there anything that surprised you, or that was new to you?
2. At the beginning of the sermon, Chris mentioned "prayer guilt," the feeling some people get when they hear teaching on prayer because they feel they don't pray enough. Have you ever felt "prayer guilt"? Did this sermon encourage you as you think about what prayer really is?
3. This Sunday, we learned that prayer in the Bible is as simple and profound as calling on the Lord to do what He's said He'll do. Does this type of prayer feel redundant or useless to you? If so, what might this reveal about your attitude towards God and prayer? Why is it good for you to learn to pray for what God has promised?
4. Is there any difference between prayer in the Old Covenant and prayer in the New Covenant? If there is, what is that difference? Should we be praying differently than God's people prayed in the Old Testament?
5. At the end of the sermon, we were encouraged to pray through Scripture. Is this something you have done before? What could it look like to "pray the Bible"?
6. Today, it seems that much prayer tends to be for the things we need or want. D. A. Carson said that this is "horribly imbalanced." How can we make sure to have a proper balance between asking God for things our hearts desire, and praying for what He desires and has already promised to do?