

# **MATTHEW 26:26-29; 1 CORINTHIANS 11:17-34**

## **DISCUSSION GUIDE**

Here are some questions and thoughts to help guide discussion:

1. What stood out to you from this Sunday's sermon? Was there anything that was new to you, or anything that surprised you?
2. What are some beliefs you've held about Communion in the past? Where have those ideas tended to come from?
3. How does the context of the Passover meal help us understand the symbolic meaning of Jesus' words, "this is my body," and "this is my blood"? At the same time, are the bread and the cup "just" symbols? How do these symbols show and extend God's grace to us?
4. Unlike baptism, the Lord's Supper is something we do regularly. Why is this? What does this say about our need to remember and proclaim the death, resurrection, and return of Christ? What is the role of the Lord's Supper in keeping you as a Christian and us a church centred in the gospel of Christ?
5. In 1 Corinthians 11, Paul repeatedly mentions the Lord's Supper in the context of "com[ing] together." Why is this important, and what are some implications of this connection? If the Lord's Supper is not an individual experience, but is about our unity as a church, are there ways we can reflect this better in the way we celebrate it together?
6. In this time of being apart from each other, one of the real losses is our ability to celebrate the Lord's Supper together. What are some ways you have been, or will be, intentionally remembering and proclaiming the death, resurrection and return of Christ in this unique season?