



# SUFFERING & HEALING

## DISCUSSION GUIDE

READ  
Luke 7:18-23  
Romans 8:16-25

Here are some questions and thoughts to help guide discussion:

1. Did anything stand out to you about this week's sermon? Was there anything that surprised you, or that was new to you?
2. When you encounter pain and suffering (whether in your own life or in others), what have you thought that it taught you about God? What has been your typical attitude toward pain and suffering in the past?
3. Can you think of a time when God has used suffering in your life to accomplish His good purposes for you? What about in someone else? If you're willing, share this story with your group.
4. Does the thought of future suffering terrify you? What do Scriptures like Romans 8:17 and 28 say about this? What truths do we need to remember when we're tempted to fear suffering?
5. What other steps and changes can we make today to get to a place where we think and feel about suffering in a biblical way? In what other ways can we all prepare to suffer well?
6. For those of us who know Christ, we know that there will be a day when we will no longer experience suffering. But for those who do not know Christ, their pain will never end. How could this be a topic of evangelism? When you're talking with non-believers about pain, how can you share the gospel with them?
7. On Sunday we heard that having a good theology of suffering is crucial for the Christian life. However, it can be hard sometimes to wrap our minds around the ideas the Bible puts forth regarding suffering. Are there any parts about this that you're still struggling with? How do you plan to address and resolve these struggles?